UNDERSTANDING RESILIENCE IN LATER LIFE IN LOW RESOURCE SETTINGS
TOPIC GUIDE FOR QUALITATIVE IN-DEPTH INTERVIEWS

• **Brief migration history**
  – For how many years has respondent ‘aged in place’ in Viwandani / Korogocho?

• **Respondent’s experience of ageing, getting older in Viwandani / Korogocho**
  – What is R’s overall perspective on getting older in Viwandani / Korogocho?
  – What are positive aspects?
  – What are challenges? What is biggest challenge?
    *(probe: declining function, bereavement, other ‘social losses’)*

• **Perceptions and experience of (not)coping with challenges**
  – Does R feel s/he is coping / not coping with challenges?
  – How does R understand ‘coping’? not coping? what does each entail?
  – What rationales/perspectives underlie R’s understandings?

  – How does coping/not coping manifest?
    *(can R describe of examples of older people who are coping/not coping)?*

• **Factors fostering/hindering ‘coping’**
  – What helps R in coping with challenges?
    *(probe: inner ‘strength’, values?; close bonds – social support?; external resources?)*
  – What hinders R in coping well?
    *(what would R need to enable him/her to cope better?)*