

Title of Project: Formative study on understanding and addressing unintended pregnancy among urban adolescents in Nairobi slums

Interview Guides

In-Depth Interview Guide in English

1. To begin with can you please tell me a little about yourself?

(Name, age, area of study, current level of education, educational aspirations, employment/occupation, income, parents/guardian's occupation and income, current and previous living arrangements)

2. Now I would like to understand your views of sexuality.

Views about Sexuality

1. How did you learn about desires, sexual activity (mentioned above)?

(Probe – parents, teachers, community members, media, peers, physiological changes in respondent)

2. How do you feel about the adequacy of the information you have about sexuality? Why?

3. What is your personal experience with regards to sexuality?

(Probe – physiological changes, peer pressure, no sexual experience, first sexual encounter, relationships, love, marriage, pregnancy)

Views about unintended pregnancy

I would like to ask for your views and experiences with regards to unintended pregnancy.

1. Do you know of many girls that became pregnant when they were not ready?

2. What are the issues that contribute/lead to unintended pregnancy among young women?

3. If a young woman gets pregnant, are there support mechanisms available to her?

(Probe: Institutional, family, friends, psycho-social, financial)

4. What are the most common solutions to unintended pregnancy?

(Probe: Abortion, contraception, access to information, abstinence)

5. Have you ever been pregnant?

If YES: probe – age at pregnancy, marital status at the time, planned or unintended pregnancy)

If NO: Do you know any friends, a sister or relative who has had an unintended pregnancy?

6. What were the circumstances surrounding the pregnancy?

(Probe – forced sex, failed contraception, curiosity, peer pressure, pressure from sexual partner, love)

7. What was your/her experience with the pregnancy?

(Probe – health, relationships (with sexual partner, parents/guardian, peers, community members), were they supportive?)

8. What kind of support did you/she get from your social network (sexual partner, parents/guardian, peers, and community members)?

(Probe – psycho-social support, financial support, living space, health care)

9. Did you/she receive any support from institutions? (School, church, employer, health facility, NGOs). What kind of support did you receive from institutions?

(Probe – psycho-social support, financial support, living space, health care)

10. What was the outcome of the pregnancy? (Probe – miscarriage, abortion, live birth)

(Probe – support from social network and institutions, indifference, stigmatization)

Views about Abortion

I would now like to ask you about your views and experiences with regards to abortion.

1. In your opinion, how widespread is abortion among young women in this area?

2. What are the circumstances that contribute/lead to abortion among young women?
3. What kinds of support mechanisms are available for young women contemplating abortion?
(Probe: Institutional, family, friends, psycho-social, financial)
(Probe – support from social network and institutions, indifference, stigmatization)

Guide for Focus Group Discussions in English

Views on sexuality

1. How do young people of your age usually find out about relationships, sex and contraception?
(Probe - Bodily changes, periods, the biology of sex/reproduction, pregnancy, relationships, love, marriage, when to have sex, how to do it, contraception, STIs, HIV etc.)
(Probe - Is there anyone that young people don't talk to? Don't like talking to?)
2. Of those you have mentioned, whom or what are the most important sources of information to young people?
(Probe - Do the sources of information vary for young men and women?)
3. Do you think the sources of information you have mentioned are sufficient? Why?
4. What can be done to improve on access to information on sex and sexuality?
(Probe - sex education in schools, etc.)
5. What proportion of young men/women of your age do you think are sexually active?
6. At what age would you say young people start having sex?
7. What discussions/negotiations go on before sex takes place?
(Probe - who initiated discussions and what are the reactions from sexual partner when discussions are initiated?)
8. Is it generally acceptable for young people to have sexual relations when they are not married?
(Probe - is it the reaction the same for men and women? How differently do older men, women, community leaders, religious leaders, peers and friends react?)
9. Do young people of your age actively abstain from having sex? Why? What proportions?
(Probe - oral sex, masturbation)
10. Why do you think men/women of your age have sex?
(Probe - differences between young men and women)
11. Do young people get sexual experience in ways other than with someone they are dating?
(Probe - How? With whom? What proportions?)
12. To what extent do you think that people of your age are pressured into sex?
(Probe: Partner pressure, peer pressure, older partner)
13. To what extent do you think that people of your age take risks of any sort during sex?
(Probe - Do men and women take the same or different risks? Are they aware of the risks? Why do they take these risks?)
14. To what extent do you think HIV/AIDS is a risk to young people of your age?
15. Are young people more worried / concerned about pregnancy or HIV/AIDS and other STIs?
16. What do people of your age expect to happen about contraception? Is it expected to be used?
17. How do young people feel talking about contraception with partners?
18. What does safe sex mean to young people?
19. Where do young men and women generally obtain their condoms from?
20. What do you think would make people of your age adopt 'safer sex' practices?

Views about Unintended Pregnancy

1. How do people react if a young woman becomes pregnant / a young man becomes a father?
(Probe - is it the reaction the same for men and women? How differently do older men, women, community leaders, religious leaders, peers and friends react?)
2. In your opinion, how widespread is unintended pregnancy among young women in this

area?

3. What are the circumstances that contribute/lead to unintended pregnancy among young women?
4. What kinds of support mechanisms are available for young women with unintended pregnancies? Which ones are the most effective solutions?
(Probe: Institutional, family, friends, psycho-social, financial)
5. What happens to young women and their child after birth?
(Probe: Marriage, adoption of child, etc.)
6. What happens to the men responsible for the pregnancy?

Views about Abortion

I would now like to ask you about your views and experiences with regards to abortion.

1. In your opinion, how widespread is abortion among young women in this area?
2. What are the circumstances that contribute/lead to abortion among young women?
3. What kinds of support mechanisms are available for young women contemplating abortion?
(Probe: Institutional, family, friends, psycho-social, financial)
4. Where do people get abortions? How much do they cost?
5. What about support after abortion?
(Probe: Institutional, family, friends, psycho-social, financial)
6. How do people generally react to women who have had or are thought to have had an abortion?
(Probe: How do sexual partners responsible for the pregnancy react? Parents? Peers? Religious leaders? Men? Women?)