

# Kenya - Using innovative participatory methods to stimulate dialogue on the right to food for the urban poor, Nairobi, Kenya, Right to Food\_Wave 1

**Dr. Elizabeth Kimani-Murage, Research Scientist; APHRC**

Report generated on: March 18, 2025

Visit our data catalog at: <https://microdataportal.aphrc.org/index.php>

## Overview

### Identification

---

#### ID NUMBER

DDI-KEN-APHRC-RTF-2025-v01.

### Version

---

#### VERSION DESCRIPTION

#### PRODUCTION DATE

2025-03-10

#### NOTES

N/A

## Overview

---

#### ABSTRACT

The right to adequate food is a human right recognized under international legal frameworks. It protects the right of all human beings to feed themselves in dignity through food production or purchases. Although it is provided for in the 2010 Kenyan Constitution, many Kenyans do not enjoy it. In urban informal settlements, about 80% of households are food insecure and the prevalence of chronic malnutrition among children under five years is close to 50%. This underscores the need to promote the right to food. Through a Fellowship from the Wellcome Trust, the African Population and Health Research Center (APHRC) is implementing the “Right to Food Project” over two years from January 2018 to December 2019. The core objective of the project is to stimulate dialogue on the nexus between the right to food as stipulated in the international legal framework and the Bill of Rights in the Kenyan Constitution, and the lived experiences with food insecurity among urban poor populations as evidenced by research. The project was undertaken in Nairobi, targeting urban poor communities. The project used innovative, public engagement approaches including photovoice, digital storytelling, cellphilm, community dialogues and focus group discussions among other approaches. The target group included urban communities and change agents including policy/decision/law makers. The results provided a deeper understanding to vulnerability to food insecurity for the urban poor in Nairobi through the eyes of the community, and propose potential solutions. The public engagement is critical in empowering those most affected to voice their health problems in ways most relevant to them and to contribute in shaping solutions to the problems. The results will inform actualization of the right to food for the urban poor as envisaged in the Universal Declaration of Human Rights.

#### UNITS OF ANALYSIS

Groups of community members/policy/decision/and law makers

## Scope

---

#### NOTES

Groups: Urban farming methodologies and techniques

## Coverage

---

#### GEOGRAPHIC COVERAGE

Urban (Nairobi Urban Poor Settings)

#### UNIVERSE

## Producers and Sponsors

### PRIMARY INVESTIGATOR(S)

Name	Affiliation
Dr. Elizabeth Kimani-Murage, Research Scientist; APHRC	APHRC

### OTHER PRODUCER(S)

Name	Affiliation	Role
Teresia Njoki	APHRC	Research Assistant,
Danielle Doughman.	APHRC	Policy Outreach Manager
Caroline Gatura	APHRC	Public Engagement Officer
Dr. Kariuki Muigua	Nairobi University	Collaborator
Prof. Claudia Mitchell	McGill University, Canada	Collaborator
Dr. Jennifer Thompson	McGill University, Canada	Collaborator
Prof Madise N.J	AFIDEB	Collaborator
Dr. Paula Griffiths	Loughborough University, UK.	Collaborator
Dr. Melanie Warwick	Loughborough University, UK.	Collaborator
Bella Starling	Wellcome Trust	Collaborator
Dr. Rose Oronje	AFIDEP	Collaborator
Ms Diana Warira	AFIDEP	Collaborator
David Osogo	APHRC	Research Officer
Daniel Osuka	APHRC	Data Documentation Specialist
Bonface Ingumba	APHRC	Data Governance Expert

### FUNDING

Name	Abbreviation	Role
Wellcome		Funder

### OTHER ACKNOWLEDGEMENTS

Name	Affiliation	Role
Dr. Kariuki Muigua	Nairobi University	Collaborator
Prof. Claudia Mitchell	McGill University	Collaborator
Dr. Jennifer Thompson	McGill University	Collaborator
Prof Madise N.J	AFIDEP	Collaborator
Dr. Paula Griffiths	Loughborough University	Collaborator
Dr. Melanie Warwick	Loughborough University	Collaborator
Bella Starling	Wellcome Trust	Collaborator
Dr. Rose Oronje	AFIDEP	Collaborator
Ms Diana Warira	AFIDEP	Collaborator

## Metadata Production

---

### METADATA PRODUCED BY

Name	Abbreviation	Affiliation	Role
African Population and Health Research Center	APHRC	APHRC	Documentation of the DDI

### DATE OF METADATA PRODUCTION

2025-03-10

### DDI DOCUMENT VERSION

version 1.0 (March 2025)

### DDI DOCUMENT ID

DDI-KEN-APHRC-RTF-2025-v01.

## Sampling

### Sampling Procedure

---

Purposive sampling was used

### Deviations from Sample Design

---

N/A

### Response Rate

---

N/A

### Weighting

---

N/A

# Questionnaires

## Overview

---

Discussion Guide was used to conduct the activity

## Data Collection

### Data Collection Dates

---

Start	End	Cycle
2018-10-01	2018-11-30	Wave 1

### Data Collection Mode

---

Other [oth]

### Questionnaires

---

Discussion Guide was used to conduct the activity

### Supervision

---

N/A

## Data Processing

### Data Editing

---

Participatory public engagement methods such as cell-filming and photovoice, among others along with focus group discussions (FGDs), key informant interviews (KIIs) and dialogues were used

### Other Processing

---

N/A



## Data Appraisal

### **Estimates of Sampling Error**

N/A

## File Description

## Variable List



# Documentation

## Other materials

### 181017\_0913.docx

---

Title	181017_0913.docx
Author(s)	African Population and Health Research Center
Date	18/03/2025
Country	KENYA
Language	ENGLISH
Contributor(s)	APHRC
Publisher(s)	APHRC
Filename	181017_0913.docx

---

### Protocol\_Public Engagement on the Right to Food .docx

---

Title	Protocol_Public Engagement on the Right to Food .docx
Author(s)	African Population and Health Research Center
Date	18/03/2025
Country	KENYA
Language	ENGLISH
Contributor(s)	APHRC
Publisher(s)	APHRC
Filename	Protocol_Public Engagement on the Right to Food .docx

---

### 181119\_0929.docx

---

Title	181119_0929.docx
Author(s)	African Population and Health Research Center
Date	18/03/2025
Country	KENYA
Language	ENGLISH
Contributor(s)	APHRC
Publisher(s)	APHRC
Filename	181119_0929.docx

---

### 181106\_0930.docx

---

Title	181106_0930.docx
Author(s)	African Population and Health Research Center
Date	18/03/2025
Country	KENYA
Language	ENGLISH
Contributor(s)	APHRC
Publisher(s)	APHRC
Filename	181106_0930.docx

---

## **181012\_0915.docx**

---

Title 181012\_0915.docx  
Author(s) African Population and Health Research Center  
Date 18/03/2025  
Country KENYA  
Language ENGLISH  
Contributor(s) APHRC  
Publisher(s) APHRC  
Filename 181012\_0915.docx

---

## **181108\_1259 (1).docx**

---

Title 181108\_1259 (1).docx  
Author(s) African Population and Health Research Center  
Date 18/03/2025  
Country KENYA  
Language ENGLISH  
Contributor(s) APHRC  
Publisher(s) APHRC  
Filename 181108\_1259 (1).docx

---

## **181025\_0211.docx**

---

Title 181025\_0211.docx  
Author(s) African Population and Health Research Center  
Date 18/03/2025  
Country KENYA  
Language ENGLISH  
Contributor(s) APHRC  
Publisher(s) APHRC  
Filename 181025\_0211.docx

---

## **181108\_0752.docx**

---

Title 181108\_0752.docx  
Author(s) African Population and Health Research Center  
Date 18/03/2025  
Country KENYA  
Language ENGLISH  
Contributor(s) APHRC  
Publisher(s) APHRC  
Filename 181108\_0752.docx

---

## **Photovoice guide\_English.docx**

---

Title Photovoice guide\_English.docx  
Author(s) African Population and Health Research Center  
Date 18/03/2025  
Country KENYA  
Language ENGLISH

Contributor(s) APHRC

Publisher(s) APHRC

Filename Photovoice guide\_English.docx

---